

# Ciao Mamma! PASTA BAR



## Our Story

There's something truly unique about 'authentic' Italian. Fresh ingredients, amazing flavours, real honesty. It takes heart and soul to make it well.

In Australian homes, having been passed down through the generations, traditional Italian food lives on today. But it's been reinterpreted – with some added Australian flavour.

Ours is a hands-on, 'home grown' story about family, sharing a love of good food.

This beautiful blend of culture is where the magic happens. Authentic Italian – passion, freshness and flavours – in a distinctly Australian setting. We're recreating it and celebrating it for the new generation.

## GF Accreditation

We are accredited Gluten Free by Coeliac Australia and also have vegetarian and vegan options.



## Mamma's Favourite Sauces

### NAPOLETANA

Referred to also as Napoli sauce, it originated in Naples and is well known throughout Southern Italy due to the abundance of tomatoes.

### BOLOGNESE

Named after its' city of origin -Bologna in the Region of Emilia-Romagna.

Ours is simmered long and slow for 5 hours.

### PESTO

Originated from Genoa in the region of Liguria and consists of fresh basil leaves, crushed garlic, toasted pine nuts and is blended with Parmesan cheese and extra virgin olive oil.

Our Pesto is locally sourced & family made in Victoria.

### MUSHROOM MARIA

Made with sautéed mushrooms, fresh herbs, garlic and white wine. Our Mushroom Maria is cooked long & slow until smooth & silky.

### CARBONARA

Originally made by Coal miners (Carbonari) as a quick pasta meal using cured pork, eggs, grated parmesan and lots of pepper. It's creamy, but no cream is added to our sauce.

### AMATRICIANA

Originated from Amatrice, a town in the region of Lazio. Mamma's Amatriciana is made using a rich tomato based sauce, and includes sautéed pancetta and hot fresh chilli.

### LAMB RAGU

Mamma's lamb is cooked long and slow for 24 hours and served with a tomato-based sauce.

## STARTERS

ARTISAN CIABATTA BREAD/GF BREAD serve of bread + oil	6/8
ARANCINI BALLS (3) pecorino D.O.P, pumpkin, onion + mushroom patè (GF/VEG/CD)	15
NONNA'S CHIPS + oregano, fried capsicum (GF/VGN)	12
CACIO E PEPE CHIPS pecorino D.O.P, + pepper (GF/VEG/CD)	12
POLENTA FINGERS (6) + capsicum mayo (GF/VEG/CD)	14
BAKED OLIVES + garlic, herbs, oil, citrus zest (GF/VGN)	8
FRIED CALAMARI + lemon mayo (GF)	18
SALUMI FOR TWO selection of Australian & Italian meats / cheese, olives & giardiniera + artisan bread (GF +3)	24

## SALAD

ITALIAN COLESLAW red + green cabbage, hazelnuts, lime + chilli dressing (GF/VGN)	18
CAPRESE SALAD fior di latte, tomatoes, basil (GF/VEG/CD)	18
MAMMA'S GARDEN SALAD mixed leaves, tomato, cucumber, pickled onion, Italian dressing (GF/VGN)	16

## MAINS

MAMMA'S CHICKEN PARMIGIANA classic chicken parmigiana topped with mozzarella, napoletana sauce + chips, salad (GF/CD)	26
MAMMA'S CALAMARI & CHIPS calamari + lemon mayo, chips & salad (GF)	28

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## PASTA

### ① SELECT YOUR PASTA

AL DENTE



NON AL DENTE



GLUTEN FREE



### ② ADD YOUR SAUCE

NAPOLETANA 24

tomato, basil, onion, garlic,  
olive oil, (GF/VGN)

BOLOGNESE 26

slow braised beef + pork ragù,  
soffritto, tomato (GF/CD)

PESTO 24

basil, garlic, pinenuts,  
parmesan (GF/VEG/CD)

MUSHROOM MARIA 26

cream, wine, mushrooms,  
garlic (GF/VEG/CD)

CARBONARA 26

pancetta, egg, parmesan  
D.O.P + pecorino D.O.P (GF/CD)

AMATRICIANA 25

tomato, onion, garlic, pancetta,  
chilli, butter (GF/CD)

LAMB RAGÙ 26

slow cooked lamb + onion, garlic  
+ tomato sauce (GF)

### ASK ABOUT OUR SPECIALS!

### ③ MAKE IT YOUR OWN

BREAD +4 / GF BREAD +6

PANCETTA +4 / SALAMI +4 / SPICY 'NDUJA +4

EXTRA PASTA +5 / EXTRA GF PASTA +8 (excluding carbonara)

LACTOSE FREE CHEESE (VGN) +4

## BAMBINI ZOO PASTA

(CHILDREN UNDER 12)

FORMAGGIO

10

cheesy, creamy sauce (VEG/CD)

BURRO

10

butter + grated cheese sauce (VEG/CD)

NAPOLETANA / BOLOGNESE (CD)

12/14

## DESSERTS

CREMA CAFFE (GF/VEG/CD) / LIMONE (GF/VGN) 6

Frangelico +10 / limoncello +10

TINA MI SU (GF/CD)

16

CANNOLI (2) (GF/CD)

12

house made cannoli + creamy ricotta filling

NUTELLA MOUSSE (GF/VEG/CD)

14

DOUGHNUTS (4) (GF/VEG/CD)

16

nutella / jam

ALMOND COCONUT CAKE + ICE CREAM  
(GF/VEG/CD)

14

ARTISAN ICE CREAM

12

VGN option available

Want to have your next function with Mamma?

Check out our website -

[www.ciaomamma.com.au/functions](http://www.ciaomamma.com.au/functions)

or email us at: [info@ciaomamma.com.au](mailto:info@ciaomamma.com.au)

MAMMA HAS A SET MENU AVAILABLE FOR GROUPS OF 8 OR  
MORE!

*Ciao  
Mamma!*

SAY CIAO! @CIAOMAMMA\_BRUNSWICK

please advise of any allergies

no menu variations / credit card surcharges apply

no split bills